

Zone 5 inner

Section 38 : Becontree to Dagenham Dock

Distance: 1.62 mi, 2.59 km

Introduction

A short section, containing little of interest. Most of it is suburban, but with the middle part through a park. There should be a footpath for the final part, but it appears to have been closed off by the Ford works.

There is a pub near the end.

Directions

Turn right out of Becontree Station, and cross the road.

At the mini-roundabout bear left.

After a left bend, bear right at the church.

Take the footpath on the left, between nos. 112 and 110.

Turn right along the right-hand edge of the grass.

At the next exit, bear left onto a tarmac path.

Bear right, cross the road, and carry on along the footpath opposite.

Keep straight ahead at the next two intersections, cross a stream, and bear right.

On leaving the park, turn left.

At the end, turn right across the dual carriageway, and carry on down Chequers Lane.

Carry on down to the end.

Dagenham Dock Station will be on your right.